

welcome to day one of National Safeguarding Adults Week 2024.

Today will focus on encouraging individuals and organisations from a diverse range of sectors to think about professional curiosity.

Professional curiosity is where a practitioner proactively recognises and asks questions to try to understand what is happening within a particular institution, family or for an individual, rather than making assumptions or taking a single source of information and accepting it at face value.

To achieve safer cultures and communities, practitioners and members of the community should be professionally curious. This involves looking, listening, asking direct questions and reflecting on **all** of the information received. Practitioners need to be recognising signs that harm could be occurring, asking questions to learn more about what is happening and talking to others within and outside of the organisational context, where necessary, to follow-up concerns.



Take a look at the poster of events which shows what CSAB have planned for the week of action:

[Click here](#)

CSAB Professional Curiosity Guidance & Resources



Cumbria Safeguarding Adults Board (**CSAB**) are today launching a **Professional Curiosity Webinar** on **Day one** of the week of action. This short webinar is part of a series of guidance and resources developed to help support practitioners to explore and understand professional curiosity.

You can watch the webinar by clicking on the link [here](#).

You can view more **Professional Curiosity** resources in the Learning Zone of the **CSAB** website by following the links:



- [Professional Curiosity Learning Session](#)
- [Professional Curiosity, Guidance for Practitioners](#)
- [A Quick Guide to Professional Curiosity](#)

Further CSAB resources



Policy & guidance

Partners across Cumbria work together to safeguard adults at risk of abuse or neglect. You will find information, resources and policy & guidance to inform and support practice on the CSAB [website](#).

Watch recorded lunch & learn sessions

There are also recordings from [lunch and learn sessions](#) which can be found on the 'learning zone' of the website, which can be used for professional development or in

