

Concerned about an adult?

Speak up

If you're worried someone is at risk of abuse or neglect, tell us. Be their voice.

Contact their local authority Adults helpline:

For Cumberland: 0300 373 3732

For Westmorland & Furness: 0300 373 3301



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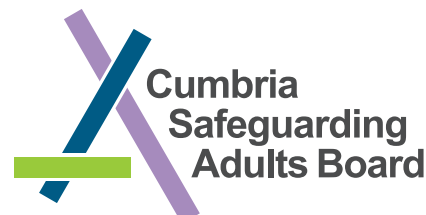
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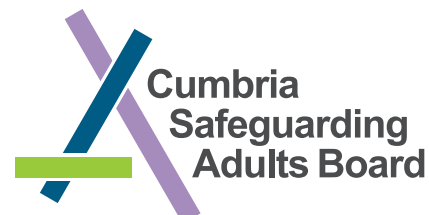
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