This template can be used to record continuing professional development and used for professional registration purposes. Please note, continuing professional development activity recorded on this template cannot be endorsed by Cumbria Safeguarding Adults Board.

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| **Examples of learning method**   * In-person/online event attendance * Delivery/facilitation of learning * E-learning * Self-directed study | **Description of activity/learning, impact and application of learning?**  It is suggested you record a brief outline of the key topics/themes from the learning activity, how it links to your role, what you learned, and how you have, or will apply what you have learned in practice. |

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| **Date (range)** | **Method** | **Description of the activity/learning** | **Impact of learning & application in practice** | **Number of**  **hours** |
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